

Strength & Conditioning Coach Placements

Role Title	S & C Coach (Various positions available)
Place of Work	No fixed base – Cardiff (Camps) / European Travel
Commitment	Approx. 35 days per annum
Payment	Voluntary & P/T Paid Available
Purpose	<ul style="list-style-type: none"> Contribute to all S & C work throughout all International programmes Lead on squad coaching sessions under the guidance of S & C lead Provide support and assistance to all coaching workforce within team

Main Duties & Responsibilities

1	Lead on the delivery and supervision of S & C training sessions with international squads
2	Assist the S & C lead in programming and planning of all sessions
3	Provide assistance in the assessment of performance squads and interpretation of data
4	Assist in the rehabilitation of players at all camps
5	To provide assistance in player recovery and readiness to train
6	Develop coaching resources to assist in player development whilst away from camp

Person Specification

Criteria	Essential	Desirable
Eligibility		
The role is available to undergraduate and post graduate students in sports and exercise science, health sciences or strength and conditioning fields	x	
Skills & Personal Qualities		
Ability to inspire and motivate athletes	x	
Excellent communication, interpersonal, planning and organisational skills	x	
Ability to work efficiently, unsupervised with good time management skills	x	
Familiar with use of various software packages, particularly Microsoft Excel	x	
Ability to adapt and respond appropriately to change	x	

Opportunities with this Position

Benefits	
1	Opportunity to work alongside experienced International Coaches within Wales and Great Britain
2	Opportunity to network with similar roles across sports in Wales
3	Hockey Wales Adidas Kit
4	Opportunity to access continual professional development as agreed

Application and Selection Process

Please apply by sending a copy of your CV along with a covering letter, outlining why you believe you're the person for this role to the following email address:

Fern.burrage@hockeywales.org.uk

Closing date for applications is **Monday 12th February**

▪ **Appointment will be subject to an Enhanced DBS check, administered by Hockey Wales**

Hockey Wales is an equal opportunities employer and is committed to delivering its Equality Policy. This can be viewed at <http://hockeywales.org.uk/about/equality-inclusion> Hockey Wales kindly thanks Sport Wales for their financial support for the development of Hockey across Wales.