



SCHOOLS CHAMPIONSHIP REGULATIONS

2018 / 2019

Girls U12



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HOCKEY WALES GIRLS U-12

These regulations will be used for the Girls Schools Competitions played under the auspices of Hockey Wales. In an ideal world, these regulations would be used at all levels of competition i.e. qualifying and finals, however, it is understood that due to pitch restrictions etc. it may not be possible to adhere fully to these regulations.

Under 12 Competitions

The normal rules of hockey shall apply, with the following exceptions:

1. All matches shall be 7 a-side though squads of up to 10 players will be permitted for the national finals.
2. A result shall stand if the two teams have a minimum of 5 players each playing the game.
3. Matches shall be played across half a hockey pitch.
4. Players must be Under 12 on 1st September in the year of competition (school year 7 and below).
5. Matches will be 10 minutes each way with a two-minute break for half time.
6. Teams will consist only of girls.
7. Teams will play all other teams in their Pool and the following points will be awarded for each match:
 - Three points for a win
 - One point for a draw
8. In the event of teams finishing with an equal number of points at the end of the Pool matches the ranking in the Pools shall be decided using the following criteria:
 - a) Goal difference
 - b) Highest number of goals for
 - c) Winner of the match between the two teams

If the scores are still tied, a set of 3 penalties (shoot-outs) will be taken
Then, sudden death penalties shall be taken by the same 3 players.

9. Penalty corners will be played. The defending side shall have a goalkeeper and 4 defenders behind their own goal line whilst the remaining players (two) shall go to the "D" at the other end of the pitch. These players must stay there until the ball is injected by the attacking team.
10. Penalty Strokes should be taken 5 metres from the goal.
11. Shoot-outs should be taken from an imaginary line approximately 5 metres from the top of the circle.



12. Long corners will be taken from an imaginary line approximately 5 metres from the top of the circle.
13. A green card will indicate a warning, not a two-minute suspension.
14. On the first occasion, a player breaks the line at a penalty corner, a warning will be issued, subsequent breaks will result in the offending player (or a nominated player, if the goalkeeper breaks the line) being sent to the "D" at the other end of the pitch.
15. Players may **not** play the ball above shoulder height.
16. Each team must play with a fully attired goalkeeper at all times.
17. All players **MUST wear shin pads** and **should wear gum shields**.
18. It is recommended that players wear face masks when defending penalty corners.
19. Players should not wear jewellery likely to cause injury to other players.
20. Players should wear appropriate playing kit

Participating schools must be aware of Hockey Wales Policies and Procedures (including Codes of Conduct, Safeguarding, Disciplinary) which will apply to all matches

The Competitions TAG shall determine the action to be taken for any matter not specifically covered by these regulations

Should issues arise on the day, the TD shall determine the action to be taken

If no TD is appointed, the organiser / such person(s) as the Competitions TAG has delegated to assist with the running of the competition, shall determine the action to be taken

HW Competitions TAG

June 2018

HW Competitions TAG Chair

U12 Schoolgirls Coordinator

Bill Riley

Chris Despres



Appendix

SHOOT-OUT COMPETITION

(from FIH General Tournament Regulations – April 2018)

In a shoot-out competition, five players from each team take a one-on-one shoot-out alternately against a defender from the other team as set out in this Regulation. The shoot-out competition comprises all series of shoot-outs required to determine a result.

The following sets out both the playing Rules and the procedures to be followed.

- 1 If the shoot-out competition takes place after the end of a match, the first shoot-out should take place within four (4) minutes of the end of regulation playing time.
- 2 The respective Team Managers provide five players to take and one player to defend the shoot-outs from those on the Match Report except as excluded below. A player nominated to defend the shootouts can also be nominated to take a shoot-out. No substitutions / replacements are permitted during the shoot-out competition other than as specified below.
- 3 A player who is still serving a disciplinary suspension by the Technical Delegate at the time the shootout competition takes place or has been excluded permanently (red card) during the match which leads to the shoot-out competition, cannot take part in that shoot-out competition. A player who has been warned (green card) or temporarily suspended (yellow card) may take part in the shoot-out competition even if the period of their suspension has not been completed at the end of the match.
- 4 The Technical Delegate will specify the method of timing shoot-outs taking account of the facilities available and the need to control time accurately.
- 5 The Technical Delegate will specify the goal to be used.
- 6 A coin is tossed; the team which wins the toss has the choice to take or defend the first shoot-out.
- 7 All persons listed on the Match Report other than any player who has been excluded permanently (red card) during the match which leads to the shoot-out competition are permitted to enter the field of play outside the 23m area used for the shoot-out but must be at least 10 metres from the spot where the ball is placed at the start of the shoot-out.
- 8 The goalkeeper / defending player of the team taking a shoot-out shall wait on the back-line outside the circle.
- 9 A player taking or defending a shoot-out may enter the 23m area for that purpose.



- 10 Players taking a shoot-out and also defending the shoot-outs taken by opponents are allowed reasonable time to take off their protective equipment to take their shoot-out and subsequently to put back on their protective equipment.
- 11 Five players from each team take a shoot-out alternately against the goalkeeper / defending player of the other team making a total of 10 shoot-outs.
- 12 Taking a shoot-out:
 - a the goalkeeper / defending player starts on or behind the goal-line between the goal posts;
 - b the ball is placed on the nearest 23m line opposite the centre of the goal;
 - c an attacker stands outside the 23m area near the ball;
 - d the Umpire blows the whistle to start time;
 - e an official at the technical table starts the clock;
 - f the attacker and the goalkeeper / defending player may then move in any direction;
 - g the shoot-out is completed when:
 - i 8 seconds has elapsed since the starting signal;
 - ii a goal is scored;
 - iii the attacker commits an offence;
 - iv the goalkeeper / defending player commits an unintentional offence inside or outside the circle in which case the shoot-out is re-taken by the same player against the same goalkeeper/defending player;
 - v the goalkeeper / defending player commits an intentional offence inside or outside the circle, in which case a penalty stroke is awarded and taken;
 - vi the ball goes out of play over the back-line or side-line; this includes the goalkeeper / defending player intentionally playing the ball over the back-line.
- 13 If a penalty stroke is awarded as specified above, it can be taken and defended by any eligible player on the Match Report subject to the provisions of Articles 17, 18 and 19 of this Appendix.
- 14 The team scoring the most goals (or ahead by more goals than the other team has untaken shoot-outs available) is the winner.
- 15 A player may be suspended by a yellow or red card but not by a green card during the shoot-out competition.



- 16 If during a shoot-out competition (including during any penalty stroke which is awarded) a player is suspended by a yellow or red card:
- a that player takes no further part in that shoot-out competition and, unless a goalkeeper / defending player, cannot be replaced;
 - b the replacement for a suspended goalkeeper / defending player can only come from the five players of that team nominated to take part in the shoot-out competition:
 - i the replacement goalkeeper / defending player is allowed reasonable time to put on protective equipment similar to that which the goalkeeper/defending player they are replacing was wearing;
 - ii for taking their own shoot-out, this player is allowed reasonable time to take off their protective equipment to take their shoot-out and subsequently to put it on again.
 - c any shoot-out due to be taken by a suspended player is forfeited; any goals scored by this player before being suspended count as a goal.
- 17 If during a shoot-out competition, a defending goalkeeper / defending player is incapacitated:
- a that goalkeeper / defending player may be replaced by another player from among the players listed on the Match Report for that particular match, except as excluded in this Appendix or unless suspended by an Umpire during the shoot-out competition;
 - b the replacement goalkeeper:
 - i is allowed reasonable time to put on protective equipment similar to that which the incapacitated goalkeeper / defending player was wearing;
 - ii if this replacement is also nominated to take a shoot-out, this player is allowed reasonable time to take off their protective equipment to take their shoot-out and subsequently to put it on again.
- 18 If during a shoot-out competition, an attacker is incapacitated, that attacker may be replaced by another player from among the players listed on the Match Report for that particular match, except as excluded above or unless suspended by an Umpire during the shoot-out competition.
- 19 If an equal number of goals are scored after each team has taken five shoot-outs:
- a a second series of five shoot-outs is taken with the same players, subject to the conditions specified in this Appendix;
 - b the sequence in which the attackers take the shoot-outs need not be the same as in the first series;



- c the team whose player took the first shoot-out in a series defends the first shoot-out of the next series;
 - d when one team has scored or been awarded one more goal than the opposing team after each team has taken the same number of shoot-outs, not necessarily being all five shoot-outs, that team is the winner.
- 20 If an equal number of goals are scored after a second series of five shoot-outs, additional series of shoot-outs are taken with the same players subject to the conditions specified in this Appendix:
- a the sequence in which the attackers take the shoot-outs need not be the same in any subsequent series;
 - b the team which starts each shoot-out series alternates for each series.
- 21 Unless varied by this Appendix, the Rules of Hockey apply during a shoot-out.