

Hockey Wales

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First Aid Guidance

Every club must assess their own need for first aid provision. It is recommended that there be a minimum of one person first aid trained per match or training session. The following factors should be taken into account:

1. Where do we play?
2. Is first aid provision covered by the facility provider?
3. Consider home and away fixtures.
4. How many people does the club need to train in first aid?

First Aid kits are available from, Hockey Wales preferred supplier [Vivomed](#)

Defibrillator

It's not a requirement. If a club has one, we would recommend the club communicating the location of this to its members. People should know how to use it and it should be checked regularly for battery life.