JAMES FORTNAM

No. of Caps	38
Position:	Goalkeeper
Current Club:	Cardiff & Met
Previous Clubs:	Leominster
Senior Debut:	Czech Republic 2016

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James gained his first senior international cap in 2016 and has represented his country since, holding 38 international caps.

The goalkeeper began his playing career at Leominster Hockey club in Herefordshire. As a junior, Fortnam represented British Colleges and gained County and Regional honours, and following his Welsh routes, studied at UWIC (Cardiff Met) in 2009.

He represented Cardiff & Met HC for over 11 years before making his debut for Wales in 2016 against the Czech Republic.

James played a significant role in the success of Cardiff & Met HC, they won multiple domestic league and European titles, with the pinnacle playing in the Euro Hockey League.

His career highlights to date have been representing Team Wales at the Commonwealth Games in the Gold Coast, Australia 2018, gaining promotion to the top flight European A division and then going on to play at the Eurohockey Championship in Belgium in 2019, the first time over twenty years that Wales has played in this top flight division.