



# SARAH JONES



<b>No. of Caps:</b>	Wales x 96, GB x 29
<b>Position:</b>	Midfield
<b>Current Club:</b>	Wimbledon
<b>Previous Clubs:</b>	Cardiff Athletic, Howardians, Loughborough, Reading, Holcombe
<b>Senior Debut:</b>	Scotland 2011

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Sarah plays for Wales and Great Britain with over 120 combined appearances.

The midfielder played her first Senior game for Wales against Scotland in 2011 and has been a permanent feature in the squad ever since with highlights including the Commonwealth Games in Glasgow in 2014 and 2018 at the Gold Coast, as well as five EuroChampionships.

Sarah started playing hockey at Howells School and fell in love with the sport whilst studying at Loughborough University.

Called into the GB cycle in 2016, Sarah became the first Welsh outfield athlete to represent Great Britain for eight years, carving the way for an increased number of Welsh athletes within the Great Britain hockey set up.

Sarah has been with the Premier club hockey Holcombe HC for 5 years, alongside fellow welsh Internationals Leah Wilkinson, Beth Bingham, Rose Thomas and Jo Westwood.



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