



HOCKEY WALES
HOCI CYMRU



LEADERSHIP AWARD IN COACHING HOCKEY

This course is the first step in to coaching hockey in Wales and is suitable for anyone aged 14+. The Award looks to build peoples confidence and leadership skills in a hockey environment.

WHAT WILL YOU LEARN ABOUT?

- Understand how to deliver safe and fun hockey activities for young people
- Understand Physical Literacy and the C System in a hockey context
- Apply the GB Coaching Philosophy including the 'Golden Thread'
- Use CHANGE IT, SMILES, STEP, PETE - why and when to use them
- Understand how you can progress as a coach or leader

WHERE ARE COURSES DELIVERED?

Courses can be organised at any venue with a classroom and a playing surface (e.g. astro, MUGA, sports hall etc.). Courses are also delivered online.

Course Duration – 3 hours

Cost: HYA's - £15, HW Members - £25, Non-Members - £40

If you are interested in running a course for your club, please contact us:

Email: development@hockeywales.org.uk

Phone: 02920 334909

Website: www.hockeywales.org.uk/4689